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**General Membership Meeting
November 15, 2016
Library, 7:00 p.m.**

CALL TO ORDER: The meeting was called to order at 7:05 pm by Barb Waldmiller. A quorum was established.

PRESENT: Barb Waldmiller, Sharon Stemme, Christine Smith, Melissa Coughlin, Karyn Cram, Michelle Lague, Stephanie Sursi, Jim McIlwee, Annette Koklauner, Amy Balint, Maria Stewart, Lindsay Rogers, Tom O'Brien, Jeanne Veraska, Audrey Smith, Heather Bridgeman, Donna Rogers and Ken Waldmiller.

MINUTES: The minutes of the October 2016 General Membership Meeting were presented. Jim motioned to accept the minutes and Karyn seconded the motion. There was no discussion and the minutes were approved.

TREASURERS REPORT: Melissa reported that we are ahead year to date by \$7,500. Income is from membership and No Fuss fundraiser. ANGP sales are going well.

MEMBERSHIP REPORT: Membership report is available and is included with the minutes. Since the last meeting we have had 2 faculty members, 7 parents and 5 students join for a total of \$189. Membership total year to date is \$6,552. No new No Fuss donations so total remains at \$2,907. 6 advertisers for the directory so it is totally funded and should be out the week after Thanksgiving.

COMMUNITY SPONSORSHIP REPORT: Annette yielded the floor, no other news.

PRESIDENT'S REPORT:

- Barb reported that she attended a meeting with Elizabeth Schultz, School Board Member. An update was given on the timeline for a new superintendent. A firm has been hired. January through March there will be town halls. March through April will be quiet with reviews and interviews. The goal is to have final choices in May and announce a decision by July 1 so that new person is in place for new school year. The previous deputy superintendent is now the interim superintendent.
- Barb announced that scholarship application has been revised and is down to 5 pages. It will be available after Thanksgiving on the PTSA website. Students who apply must be members by 12/1. They will not be penalized for not participating in mulch but it can benefit them. The board will not review, the career center will have a review committee. Due date is March 10. It will be advertised in the Wildcat Weekly, PTSA website and through the Career Center.

- No Fuss Fundraiser appeal-the PTSA is getting asked for more assistance from the school so we need to raise more funds. It was suggested that we set up a paypal link on the website to encourage more donations. Melissa is going to work on that.
- PTSA provided smoothies to the staff for Health and Wellness week-staff was very grateful.
- The Board approved the first staff grant for \$250 to support the new after school club Active Minds that helps increase awareness and reduce the stigma of mental illness.

PROGRAM:

Barb introduced the program for the evening-Project Aware with Amy Balint.

- Project Aware is a pilot mental health program to provide a continuum of services. It is in 20 states, including three areas in Virginia with five schools being highlighted in FCPS.
- It offers tiered systems of supports and focuses on attendance, grades and wellness
- The grant is through 6/2019 and may be extended until 6/2020
- The staff is all being trained and are working on portrait outcomes in 5 categories: Communicator, Collaborator, Citizen, Thinker and Resilient Individual
- There are conversations happening with all of the pyramid and the goal is for all schools to use the same language
- School wants to have caring educators and have developed learning circles that are tied to the Portrait of a Graduate pillars and will provide teacher education and organic learning models
- Mr. Jagels and the Project Aware team are providing supporting practices including Enrique's Journey, Grit, Mindset by Dweck, Buck (a movie) and Emotional Literacy Training.
- Adults must understand first and then the mind set changes and then it will trickle down
- Communicator: Staff is being trained on google classroom, being certified and designating teacher leaders. Student skills-engage youth in healthy dialogue and conflict that will allow for labeling and expressing feelings.
- Collaborator: Staff is working on effective meetings, work cycle questions, and student involvement. Student skills-work independently and within a group to promote learning and increase productivity.
- Citizen: Staff is working on cultural proficiency and restorative justice. Student skills-community service, learn about cultures, beliefs and practices and understand interdependence of people and environment.
- Critical Thinker: Staff is working on Project Based Learning (PBL) through guided inquiry. Student Skills-problem solve with peers and adults, take thoughtful and responsible action, and use deductive reasoning.
- Goal Directed and Resilient Individual: Staff working on Executive Functioning skills. Student skills-share passions, proficient in daily skills, self-advocate, and be persistent when challenged to meet goals.
- Supporting Services-Yale University Center for Emotional Intelligence, NOVA Family Services, Behavioral Clinicians (hourly help of 20 hours per week) as well as Alcohol, Tobacco and Drug teachers

Questions-

- The numbers Mr. Jagels presented about suicide attempts were alarming, is it better and will all of this help? Number of suicides is down but attempts are at alarming rates. Under 25 years old has the highest levels of anxiety of all age groups.
- What training is being done? All staff are receiving the Youth Mental Health Training thanks to Project Aware grant. It can be offered to parents as well, need a minimum of 10 and a maximum of 30 for the 8 hour course.

- How can we bring all students up to speed on Executive Functioning? It is hard to get the message to all students but it is being worked on in the pyramid and at CVHS. Counselors can help new students with understanding the terms. Goal is to have guidance documents for all schools by 6/2020.
- Is data up to date? FCPS Youth Survey data is a year behind-it talks about risks versus assets and is 194 questions and is given in 6th, 8th, 10th and 12th grade. The school does a Signs of Suicide in 9th and 11th grade. If survey results indicate any concerns then immediate action would be taken and parent would be notified. ACT (Acknowledge, Care and Tell)

ANGP: Karyn spoke about the event. Ticket sales have started and we have sold 83 so far and 50 yard signs. The last meeting was on 11/9 and the next one will be on 12/7 at 7 pm. Price is \$30 now and will go up throughout the year.

Barb thanked Ms. Balint for speaking and thanked all for coming. Next PTSA meeting is December 13th at 7 pm and it is Pastries with the Principal-bring your questions and your appetite.

Adjournment: 8:16 pm.

The minutes were approved on December 13 . The motion was made by Jim McIlwee and seconded by Barb Waldmiller. Sharon Stemme, Recording Secretary

Announcements:

- ~October 19-PSAT Day and Senior Breakfast and Picture Day
- ~November 4-End of quarter, 2 hour early release
- ~November 7th and 8th-Student Holidays
- ~November 9th-Junior Parent Night
- ~November 15th-PTSA Meeting-"Project AWARE Update"